



# President's Message

Happy September Ladies!

I hope you all have enjoyed a relatively moderate summer. We had a couple of months with no luncheons, but I know a lot of the activity groups have been very active during July and August. We even added some new members over the summer! Our group has certainly diversified over the years since I joined, just so I could be in a bridge group! Today the Adventure Gals and Girls Just Wanna Have Fun have attracted active women who are determined not to let life pass them by.

The second half of the year is a very important time for Newcomers. As I have mentioned before, the Christmas Families Project is very important to the essence of our organization. In October, we will have our annual Silent Auction, WE NEED YOUR DONATIONS TO RAISE MONEY FOR HELPING HANDS NURTURING CENTER. The event this year is an upscale version of what we have done in the past. Please read more information in the body of the newsletter.

I look forward to seeing everyone at the September 24 luncheon at Alta Sierra.



# SEPTEMBER LUNCHEON MEETING

When: September 24, 2025

Where: Alta Sierra Country Club

**Time:** Check in 10:30

Meeting 11:30 Buffet Lunch 11:45 Speaker 12:30

Cost: **\$32.00** 

# Program: "Prodcaster" Lyndi Hutchinson will Motivate Us to Not Waste Another Second

Lyndi Hutchinson is an inventor, writer, world traveler, and president of a nonprofit. She says her greatest joy is teaching a proven, reliable, and repeatable method of transformation. She is certified to teach it and lives by it every day. The benefits have been remarkable and rewarding. Come get motivated and maybe change your course with the tools she provides. What a great way to kick off our first luncheon after summer break!



To Make Reservations for September 24, 2025, please MAIL your \$32.00 check, payable to NEWCOMERS CLUB, to the Reservations Team OR ZELLE your payment to the Treasurer.

Checks or Zelle payments must be received by **Monday**, **September 15**, **2025**. Cancellations will be accepted before 5:00 p.m. on Tuesday, September 16, 2025. After Tuesday, September 16, 2025, you may call to see if there has been a cancellation or to have your name added to the waiting list. Call the Reservations Team for information.

# October Luncheon Meeting

When: October 22, 2024

Where: Alta Sierra Country Club
Time: Check In 10:30, Meeting 11:30

Buffet Lunch 11:45, Speaker 12:30

Cost: \$32



Program: SILENT AUCTION Fundraiser, PLUS Melissa Hannebrink will make a presentation on scams.

Our biggest fundraiser, "The Price is Right" Silent Auction, will be held during our Newcomers Luncheon on October 22. All proceeds go toward the Christmas Families Project, which supports local families in need during the holiday season. We would like quality donations from our members to make the auction a success. Donated items should be in new/mint condition and valuable enough to receive the \$10 minimum bid. Please understand that we may not accept all donations. Donated items will not be returned to original owners. All unsold items will be used in future raffles or donated to charity.

### Items that have been popular in the past include:



- Jewelry
- Purses
- Accessories (hats, gloves, scarves)
- Art/Crafts (quilts, painting, pottery)
- Home goods (vases, platters, glassware)
- Lamps (tabletop)
- Vintage and Collectibles

### NOTE: We cannot accept—

- Furniture
- Electronics/appliances
- Clothing/shoes
- Artificial plants/flowers

### LAST PLANNED DROP-OFF DATE:

Wednesday, September 24, Newcomers Luncheon, Alta Sierra Country Club Contact Silent Auction Chair.

# **UPCOMING LUNCHEON PROGRAMS**

November - No meeting

<u>TUESDAY</u>, <u>December 2</u> - Lake Wildwood Women's Choir will perform a holiday concert.

# Christmas Families Project

We have a meeting scheduled for Friday, September 26, to familiarize our new team members about how our program runs and how they can best fit into our program. If you are interested in volunteering with our team, please contact the CFP chairs. We have a great group and would love to have you join us!

Additionally, we would like to ask you to be sure to attend our October Silent Auction luncheon, Wednesday, October 22, at Alta Sierra Country Club. There will be lots of fun items, baskets, and gift certificates for you to bid on, and the proceeds will benefit our Christmas Families program.



The Sunshine Committee is dedicated to brightening the days of members who are going through tough times by sending thoughtful, personalized cards. Whether someone is facing an illness or injury, grieving a loss, or simply needs a little encouragement, the committee's goal is to let them know they are not alone.

If you know a member who would benefit from a note, please contact us with who and enough information to send an appropriate card. The Sunshine Committee works to foster a sense of connection and support within our community.

Contact the Sunshine Chair.



Please submit informative community announcements/tips to the president for board consideration.

Falls Prevention Summit 2025: Falling is a Trip

Click Here to Register

\*\*\*Register by Sunday, September 7th to guarantee you will

get free lunch\*\*\*

When: Friday, September 12, 2025

Time: 9:00 AM - 1:00 PM

Where: Sierra Presbyterian Church - 175 Ridge Road, Nevada

City, CA

Cost: Free Admission - Includes snacks and a bag lunch

Registration: Click here to register

# **ACTIVITY GROUPS**

#### **BOOK CLUBS**

Cover Girls (full)

Date: 2<sup>nd</sup> Wednesday (11:45)

Page Turners (one opening)

Date: 3<sup>rd</sup> Wednesday (10:30)

Mysteries and More (three openings)

Date: 1st Tuesday (1:30)

Garden Club (open to all members)

Date: 1st Tuesday (11:00)

## Girls Just Wanna Have Fun (GJWHF)

(FULL, accepting names for Waiting List)

Dates and times depend on activity.

Contact leaders for more information.

Adventure Gals (open)

Dates and times depend on the activity. Contact leader for more information.

**Lunch Bunch** (open to all members)

Date: 2<sup>nd</sup> Thursday (11:30) Location: Changes monthly



### **COOKING GROUPS**

**<u>Happy Cookers</u>** (accepting subs)

Date: 3<sup>rd</sup> Monday (10:00)

**Kitchen Kutups** (FULL)

Date: 3<sup>rd</sup> Thursday (10:00)

**Gourmet Girls** (rotating guest spot available)

Date: 3rd Friday (10:30)

### **GAME GROUPS**

Hand & Foot Group #1 (accepting subs)

Date: 2<sup>nd</sup> Monday (1:00)

Hand & Foot Group #2 (accepting subs)

Date: 3<sup>rd</sup> Monday (1:00)

**Bridge Group** (needs a player!)

Date: 2<sup>nd</sup> Wednesday (10:30)

Location: Trailblazers Pizza, Alta Sierra Dr.

Mexican Train (open)

4th Monday (12:00-2:00)

Location: Women's Lounge, ASCC



Lots of interest in Bunco, Mahjong and Short Walkers. Watch for Sign-Up sheets at the September Luncheon. Hand and Foot groups are looking for players and subs.

Sign-ups can be done at luncheons, by contacting a group leader, or the Activity Groups Chair.

If you have any questions, ideas or are interested in forming a new group, please contact the Activity Groups Chair.

## **ACTIVITY GROUPS — FEATURE STORIES**

## Garden Club News

In June, the Garden Club members met at Terra Flora, a 27-acre garden and wildlife sanctuary hidden in northern Nevada County. We were led on a tour of the cultivated land and natural habitat and learned a bit about the Flower Essence Services business which produces homeopathic remedies from plants grown on the property.

Upcoming programs include a visit to the Sierra Harvest Food Love Farm in September and in October an olive tree orchard where olive oil is produced. If you are interested in joining the Newcomers Club Garden Group, please contact the group leader.



# Girls Just Wanna Have Fun (GJWHIF)





Our Girls Just Wanna Have Fun group had a busy summer! In June, we started our summer off with a 2-night trip to Guerneville. We visited Safari West, Armstrong Redwoods State Park, and enjoyed a picnic at the beach. July's outing took us to Lake Englebright, where we cruised the lake, soaked up the sunshine, and had a wonderful potluck lunch. Big thanks to Randy Kirkham for captaining the boat. We finished our summer with a Fiesta Pool Party in August. Great times were had chatting and laughing, as we got to know the amazing women who make up this group!

GJWHF is currently FULL. However, if you wish to be on the <u>waiting list</u> to join the group, please contact the group leader.

# Adventure Gals (New Group)

We are a group of women who want to connect with other women who are physically active through responsible and safe outdoor activities and adventures. We will strive to provide a supportive and inclusive community where we can all have fun, try something new or explore new personal challenges.

Here are some examples of the activities we're interested in doing:

- Hiking more than 4 miles
- Camping in Yosemite
- Kayaking
- Guided Sierra Pack Trip on Horseback
- Whitewater Rafting
- Snowmobiling

We are currently accepting new adventurers. If you would like to join Adventure Gals, please contact the group leader.

- Hot Air Ballooning
- Archery
- Trap Shooting
- Guided Fly Fishing
- Guided Backpacking Trip



Gold Vibe Kombuchary

### Adventure Gals – Past Events







Our inaugural trip kayaking at Scotts Flat

Our second trip–rafting down the Truckee River Our hike to the Donner Tunnels and swim in Donner Lake afterwards

### **Upcoming Events:**

September 15 - 17 – Fall in Yosemite

We will be staying in Curry Village for 2 nights. Come enjoy a hike to Vernal or Yosemite Falls.

Engage in a stargazing program: <a href="https://yosemite.org/experience/stargazing/">https://yosemite.org/experience/stargazing/</a>

Take the bus to Glacier Point: <a href="https://www.nps.gov/yose/planyourvisit/glacierpoint.htm">https://www.nps.gov/yose/planyourvisit/glacierpoint.htm</a>

Or have a friend take an art class with you: <a href="https://yosemite.org/experience/art/">https://yosemite.org/experience/art/</a>

Spots are still available! Please contact the group leader.

# Gourmet Girls Cooking Group







# **Note Activity Group Leaders:**

Please send us your photos and updates to include in the newsletter.

### Photos from the Hoedown in June









# **News for September**

The club is currently at 187 members. We had four new members join over the summer. Let's continue to grow! Talk to your friends who are not members, bring them to an event as a guest, introduce them to the club, and encourage them to join.

# **NEW MEMBER Gathering**

A New Member Gathering will be be scheduled for sometime in October or November. New members will receive an invitation when it is scheduled. Our President, Vice-President and Membership Chair will discuss and answer questions about the club and its activities. If you have not attended a gathering and would like to, please contact the Membership Chair.

**DUES:** \$50 (\$75—if you don't have email and would like to receive the newsletter by snail mail) New member applications can be found on our website: <a href="https://www.newcomersnc.org">https://www.newcomersnc.org</a>.

#### **CHECK or ZELLE**

You may now mail your dues by check or pay your dues electronically through Zelle. Please note that your payment is for dues. If using Zelle, do not use the old address. If writing a check, please make payable to **Newcomers Club** and mail to the Treasurer.

**Lifetime Members:** Upon reaching the age of 90, a Lifetime Membership may be granted to a member who is in good standing and who has had an ongoing membership in the club for at least five years. Lifetime Membership waives payment of dues. If you know of a member who qualifies for this status, please contact Ann Podielski, Membership Chair.

## **Membership Contact Information**

If your contact information has changed, please email or call the Membership Chair.