

# Nevada County Newcomers Club

September 2019

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## President's Message

*"Love is a canvas furnished by nature and embroidered by imagination."*

*~ Voltaire*

As I look at the beauty of summer, and our transition into what is often a colorful fall in our area, I am reminded that we live in a very beautiful place populated by lots of beautiful, loving people.

I am anxious to get back to our regular meetings starting on September 25. I hope everyone had a fun summer in our beautiful part of the world.

Our meeting place, Alta Sierra Country Club, continues to go through changes. We will be served by a new chef and serving staff. The air conditioner has been replaced, and the comfortable setting will be waiting for us. Members are reminded that all restaurant issues need to be referred through our dedicated restaurant liaisons. Please remember that serving a group of 100 or more women is far different from serving a small group with different time constraints.

September brings an interesting and informative program arranged by our program chairs. It is timely, as mental health seems to be the topic of the day. The presenter is both entertaining and informative. Look for details elsewhere in the newsletter.

We can look forward to our upcoming October Auction, which is the main source of funds for our Christmas Families Project. I hope you are setting aside some "treasures" to donate to this fun event where we can turn someone else's discards into our new discoveries and raise the money needed for this worthy project. We will soon be looking for volunteers to help with the Christmas Families Project that culminates with our Christmas luncheon the first week of December when we have, as our guests, some of the young moms who will join us for lunch and tell their often-poignant stories.

I'm looking forward to seeing everyone!

## September Luncheon Meeting

**September 25, 2019 at 11:30 am**  
**Alta Sierra Country Club**

**Cost: \$23.00 per person**

## September Program: Coping Strategies When Life Gets Tough

David Woods Bartley is a nationally recognized speaker, writer and trainer. He discusses the rather delicate subject of mental health with engaging stories from his own journey, personal tales taken from his twenty years of work in animal care and rescue. David is passionate about his subject and offers positive suggestions to cope with life's changes and challenges. For a preview check <http://www.davidwoodsbartley.com>.

### September Luncheon Menu

Choice of

#### **Chicken Taco with Pico de Gallo\***

Chicken, cheese, cabbage, and chipotle sauce (not spicy) in a corn tortilla  
or

#### **One Half Grilled Southwest Turkey Sandwich\***

Turkey, Ortega chilies (not spicy), pepper jack cheese, tomato, and  
chipotle aioli (not spicy)  
or

#### **Mexican Caesar Salad**

Romaine lettuce, cotija cheese, black beans, sunflower or pumpkin seeds, tomato, and  
tortilla strips with an avocado lime vinaigrette

\*served with a side Mexican Caesar salad of romaine lettuce, cotija cheese, sunflower  
or pumpkin seeds, and tortilla strips with an avocado lime vinaigrette

Chips and salsa on the tables

All entrées include coffee and tea

Churros for dessert

To make reservations for **September 25**, please make your **\$23.00** check payable to **NEWCOMERS CLUB**. Write **Sept-Chicken**, **Sept-Turkey** or **Sept-Salad** on the bottom of your check. Mail your \$23.00 check to the Reservation Chair for September.

Checks must be received by **Monday, Sept. 16**. Cancellations will be accepted before 5:00 pm **Tuesday, Sept. 17**. After **Tuesday, Sept. 17**, to see if there has been a cancellation or to have your name added to the waiting list, call the Reservation Chair for September.

## October Luncheon Meeting & Annual Auctions

**October 23, 2019**  
**Alta Sierra Country Club**

**Doors Open at 10:00 am**  
**Silent Auction Bidding begins at 10:30 am**  
**Luncheon Meeting at 11:30 am**  
**Live Auction begins at 12:45 pm**

**Cost: \$23.00 per person**

## **October Program: Our Annual Live and Silent Auctions**

Get ready for another fantastic **Live Auction!** Your auction committee has been busy all year working to bring you exciting items to include in the October Live Auction. There are 26 pre-registered, unique packages for you to bid on. Included are some familiar and popular items from previous years, plus an array of new items to tempt you. Returning this year is our enthusiastic and entertaining auctioneer, John Renwick, owner of RE/MAX Performance. This is the major fundraiser for our Christmas Families Project so we hope you will save the date, bring a friend, make a reservation for lunch and support this worthwhile cause.

Below is a preview of our enticing offerings:

Come Paint with Us at the Foothills Event Center

Olive and vinegar tasting at The Olive Groove

Onyx Theater tickets and a gift certificate to California Organics Market and Café

A fun day in Grass Valley—gift certificates to the 49er Fun Park, Prosperity Lanes and Baskin-Robbins

Affordable Auto Detailing with an emergency kit from Riebes Auto Parts

Handcrafted cozies (bowl covers)

A massage from Aloha Healing Touch Massage and a facial from Terra Bella Salon

Sierra Cinemas tickets and a gift certificate to Lazy Dog Chocolateria

Sierra Stages tickets with a gift certificate to Bistro 221

A week's stay at a condo in North Carolina

InConcert Sierra tickets with a gift certificate to Sergio's Caffé

A fresh autumn bouquet by Grass Valley Florist

Truckee River rafting trip with lunch at River Ranch Lodge & Restaurant

A basket of hand-knitted scarves

Window washing certificate from Auburn's Finest Window Washing

CATS tickets with a gift certificate to Lefty's Grill

Taste of Nevada County with gift certificates to Lefty's Grill, Cirino's at Main Street and the Timbers Bar & Grill at Alta Sierra Country Club

Bird Girl statue

Two acupuncture sessions at Dharma Acupuncture

Handcrafted table runner, napkins and placemats

Affordable Auto Detail with Arco gift card

Four-night stay at a condo in north Lake Tahoe

Who doesn't love the opportunity to get a special something for almost nothing? That's our upcoming **Silent Auction** in a nutshell, but we need everyone's help and support for it to be a success. Please take a few minutes between now and early October to look through your closets and favorite hidey-holes for those almost new or gently used items to donate to the auction (no clothing, please). Our Christmas Families Project is the beneficiary of 100% of the proceeds from your donations.

As the auction date draws nearer, we'll schedule and announce early drop off days at Alta Sierra Country Club when we'll take in your donated treasures. In the meantime, if you have questions about donations, drop-off, or storage of items for the auction please contact the Silent Auction Chairs.

### **October Luncheon Menu**

Choice of:

**One Half Order of Spinach Fettuccine**

served with a meatball and marinara sauce and a side Caesar salad

or

**One Half Order of Spinach Fettuccine (no meatball)**

served with marinara sauce and a side Caesar salad

or

**One Half Croissant with Turkey**

and brie, sliced apple, sprouts and mayonnaise

served with a cup of butternut squash soup

All entrées include coffee and tea

A Halloween themed dessert

To Make Reservations for **October 23**, please make your **\$23.00** check payable to **NEWCOMERS CLUB** and drop it in the Check Box at the September meeting or mail your \$23.00 check to the Reservation Chair for October.

Checks must be received by **Monday, October 14**. Cancellations will be accepted before 5:00pm on **Tuesday, October 15**. Please write **Oct-Fett/Meatball or Oct-Fett/Veggie or Oct-Turkey** on the bottom of your check. After **Tuesday, October 15**, to see if there has been a cancellation or to have your name added to the waiting list, call the Reservation Chair for October.

### **Christmas Families Goodie Bag Project**

2019 has been very rewarding for the Goodie Bag Project. Through the generosity of all the angels in our membership, the moms and dads of the children enrolled in our Christmas Families

Project are going to have something from Santa as well. Thank you all for caring!

Please put on your angel wings and bring some of the listed items below to the September luncheon. Newcomers' angels always come through!

For the ladies: journals, ditty/cosmetic bags, small hand creams, perfumes, kitchen towels, scarves, jar candles, a variety of socks

For the men: wool caps, athletic or dress socks, packaged razors, small aftershave, cologne, deodorant

Thank you in advance for spreading holiday cheer to our hard-working Christmas Families parents.

## **More Program Highlights – Mark Your Calendars!**

**December – Christmas Program – Nevada Union Senior Madrigal Choir**, under the direction of Rod Baggett, has been invited annually to perform abroad. They will bring their outstanding talent home to Alta Sierra for our enjoyment this holiday season.

The program will also include two recipients of our Christmas Families Project, sharing how our program has supported them in their journeys to self-sufficiency.

## **Activities**

Our thanks to last year's Activity Chair for her outstanding service to our club as Activities chairperson. Our new Activity Chair will be assuming this position next month.

The groups listed below are the newer activity groups. Please check in the front of your roster for a complete listing of all our activity groups.

### **Attention writers or would-be writers:**

Have you been putting off writing your memoirs, perhaps a story about a special experience, or an article about your favorite topic? Try this writing group to get your creative juices flowing. This group provides both motivation and the opportunity for sharing work with fellow members. Group members get together usually once a month to share what they have written and get some advice from other members. It doesn't matter what you might be working on or want to work on – poetry, short story, memoir, travel story, blog, magazine article, children's story, etc. It is a low-key, helpful and fun group. We meet at 1:30 pm once a month with dates determined in advance by the members. Our next meeting is Friday, September 13. We are a small group and would welcome new members. If you're interested in joining or would like more information, please contact the Activities Chair.

### **The Monthly Movie Group**

This group will go to the movies in the early afternoon on the 2nd Monday of the month. About one week ahead of the movie date, our leader will email a list of three movies for the group to choose from. The movie receiving the most votes received by reply email will be the movie the

group attends. After the movie you will be welcome to go someplace close by for coffee and a nosh and talk about the movie and any movies coming up that you would like to see. If you are interested in joining this group, please email the Activity Chair.

**The Mysteries and More Book Club** has a new chairperson, The group is currently full, but if you are interested in joining your name will be placed on a waiting list.

**The Garden Club** has new co-chairs. This group meets the first Tuesday of the month at 11:00 am. There is always room for new members. Our monthly programs are usually held at members' and non-members' private gardens or nurseries, anywhere we can learn about gardening in all its many forms and expressions and where someone will share their experiences and expertise in gardening. We also have those who travel the world visiting amazing gardens who show their photos and talk about their experiences.

**Please Note:** At the monthly luncheons there will be flyers available for you to take which describe more fully what the various groups do and when they meet. Contact information is on them as well.

If any groups are currently looking for new members, or if you would like to start a new group, please contact the Activity Chair.

## **New Member Reception**

There will be a Newcomers Club New Member Reception on Tuesday, September 17, at 2:00 pm at the home of the New Member Reception Chair. All new members are invited to come and learn more about the Newcomers Club and the various activity groups available. Please R.S.V.P. to the New Member Reception Chair.

## **Membership - Rosters**

By now, you all should have received your shiny new Rosters. If you shred the old copy, that personal information won't make it into the hands of any bad guys. If you didn't get your Roster, please contact the Membership Chair.

**E-Mail Changes, Membership Questions:** If you know someone who would be interested in joining Newcomers, contact our Membership chair or direct your friend to our website, [NewcomersNC.org](http://NewcomersNC.org), where she can find and print a Membership application.

## **Welcome to Eight New Members**

Our membership total is 266.