

Nevada County Newcomers Club

June 2019

President's Message

"Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead."

~Louisa May Alcott

Our Newcomers Club is focused on social experiences, making new friends, fostering existing friendships and on activities that create even more fun for our members. But from time to time we need to conduct some business to help our club run more smoothly. For that purpose, we held the first reading of a Bylaws Amendment to create more flexibility when filling board positions and will vote on it in June. We also changed the Standing Rules to create more flexibility for our meeting schedule. Detailed information is elsewhere in this newsletter.

I am looking forward to the June meeting where two of our members have put together a helpful montage of information to help us through the tasks that remain after losing a loved one. They are not lawyers, but are educated and capable women with useful advice. It will be a positive and interactive program with lots of helpful tips and a handout. Come and bring a friend who may also benefit from the presentation.

Last June we held our meeting at the Historic North Star Mine in Grass Valley and saw the beginning of the Heritage Garden. Now it is planted and ready for viewing. We are all invited to the Grand Opening on June 23 from 1-3 pm.

It's that time of year again -- dues are due and payable as soon as possible. Invoices were sent out, and a copy of the renewal form is included in the Newsletter. Remember our club year is from September through June with recess in July and August. Paying dues in May helps our club.

It's never too early to begin thinking about our October auctions that support the Christmas Families Project and provide over 100 children with personalized gifts. Please set aside items to donate for our Silent Auction. Our Live Auction committee has been working for many months and has created over 21 unique items you will want to bid on and take home!

June is our last program meeting before we recess for the summer. We hope everyone will enjoy the summer and be ready to come back and renew friendships when we resume meeting on September 25.

June Luncheon Meeting

June 26, 2019 at 11:30 am
Alta Sierra Country Club

Cost: \$23.00 per person

June Program: When Your Loved One Passes Away, Are You Ready?

This will be an informative meeting, a practical approach to help you transition when you have lost a loved one (spouse or partner). Two of our Newcomers members who recently navigated this painful life adjustment, will interact and share heartwarming experiences and tips that will help you prepare for and endure the difficult tasks involved after loss. They are not lawyers, accountants, financial planners or medical personnel. They will share what they did right, what they could have done better and the obstacles they encountered along the way. Topics covered include wills, trusts, advance directives, POLST, banks, SSI, mortuaries, cemeteries, power of attorney, grief, blended families and more. They will encourage input from others as well. Helpful handouts will be provided to all who attend.

Please bring a friend you think might benefit from this presentation. At the end of the presentation there will be an opportunity to ask questions.

June Luncheon Menu

Gourmet Salad Bar Buffet

Includes grilled, diced chicken, bay shrimp, olives, diced tomatoes, diced red onion, hard boiled eggs, garbanzo beans, shredded cheddar cheese, mushrooms, cucumbers and croutons, served with tortilla chips

Choice of balsamic, ranch and bleu cheese dressings

All entrées will include coffee and tea

Lemon Bars for dessert

To make reservations for **June 26, 2019**, please make your **\$23.00** check payable to **NEWCOMERS CLUB** and mail it to the Reservation Chair for June.

Checks must be received by **Monday, June 17, 2019**. Cancellations will be accepted before 5:00 pm on **Tuesday, June 18**. After **Tuesday, June 18**, to see if there has been a cancellation or to have your name added to the waiting list, call the Reservation Chair for June.

Program Highlights for 2019-2020

Our wonderful two Program Chairs have been busy booking programs for the 2019-2020 season. Here are some highlights:

September - David Woods Bartley, a dynamic speaker, storyteller and trainer will shed light on the issues of mental illness and mental health.

October - We will have our very popular Silent and Live auctions, which raise funds for our Christmas Families Project.

December - The Nevada Union Senior Madrigal Choir, under the direction of Rod Baggett, will present our Christmas program.

January - Lori Osmond of Damsel in Defense will talk about protecting our families and ourselves.

February - Retired Rear Admiral Bonnie Totter will share her experiences as a woman and physician in the military and commanding a hospital ship during the Gulf War.

March - Dr. Rob Dunbar, a Senior Fellow at Stanford University's Woods Institute for the Environment, will discuss his research on the environment and the earth's climate.

More program information to come!

October Live Auction

It may seem early to be thinking of our annual Live Auction coming up in October, but the Live Auction team has been busy collecting exciting items for you to consider. To date some of our packages, which are recurring from last year, include theater tickets paired with a restaurant, a quilted wall hanging, car detailing, a week's stay at a condo in North Carolina and tree services provided by Tim the Tree Man. Some of the new items for 2019 are a massage at Aloha Healing Touch Massage, a facial at Terra Bella Salon, several baskets of hand crafted items, window washing by Auburn's Finest Window Washing, and a 4-night stay at a condo in Lake Tahoe. Of course, John Renwick will be returning as our energetic and always-entertaining auctioneer.

Christmas Families Project

The Supplemental Donations team for our Christmas Families Project is asking for donations for the parents of the children we serve each holiday season. Please don't forget to bring your treasures to our June meeting.

Things we need:

- Women's cosmetic ditty bags and men's toiletry bags

- Toiletries from hotels you may visit

- Toothpaste, dental floss and infant and/or toddler toothbrushes

NOTE: We have an overabundance of adult and children's toothbrushes, and no more are needed.

Additional suggestions for small items for the ditty bags for both men and women:

- Small flashlights, key rings

- Cosmetics, manicure or pedicure sets, nail polish

- Combs, small hair care items

Possibilities for larger items to give as presents for both men and women (this could be anything you might give as a Mother's Day or Father's Day gift):

- Shampoo, lotions, bath or shower items—larger than travel size

Costume jewelry
Kitchen items, tools
Hats, gloves
Socks, slipper sox
Flashlights
Wallets, purses, tote bags, backpacks
First aid or emergency items
Playing cards or other games
Other special gifts

NOTE: We cannot use sized clothing or shoes, as we don't know the exact sizes of our parents.

Please bring your donations to our June, September, or October meetings. You may call the Christmas Families Chair if you have questions or need help getting your donations to us. Thank you so very much for your participation.

Activities

New Activity Groups

Attention writers or would-be writers – Have you been putting off writing your memoirs, perhaps a story about a special experience, or an article about your favorite topic? This writing group provides both motivation and the opportunity for sharing work with fellow members - no pressure, just fun and informative. The group generally meets once a month on Friday afternoons. Due to schedule conflicts, the next meeting date is Wednesday, June 12 at 1:30 pm. They are a small group and would love to have more members. If you're interested in joining or would like more information, please contact the Activity Chair.

The New Monthly Movie Group - This group will go to the movies early afternoon on the second Monday of each month. About one week ahead of the movie we will email a list of three movies for the group to consider. The movie receiving the most votes received by reply email will be the movie the group attends. After the movie, group members may go somewhere close by for coffee and a nosh and talk about the movie and any movies coming up that they would like to see. If you are interested in joining this group, please email the Activity Chair.

Current Activity Groups

The Garden Club meets the first Tuesday of the month at 11:00 am. They are looking for a new person or persons to chair their group. Please contact the Garden Club Leader for further information. There is always room for new members. The meetings are usually held at private gardens, nurseries or other places where they can have a speaker. There is always someone, either the owner of the garden or a nursery, who will give a talk.

Mostly Mysteries Book Club (NOTE change in date of meetings) now meets the first Monday of each month at 1:30 pm. Meeting location changes monthly. This group has space for new members, and they are a warm and welcoming group.

The Mexican Train Group meets the fourth Friday of the month from 1:00 to 3:00/3:30 pm. Hosting rotates among the group's members. Mexican Train is a fun dominoes game played with a

little strategy and a lot of luck, allowing for plenty of time during the round for chatting and enjoying each other's company. The object of the game is to play all your dominoes or at least as many high-point dominoes as possible during each round as you take turns building lines of end-matching dominoes that run around the table. The rules of the game are easy to understand and follow, and the game is played simply for fun, with the low scorer being the winner. Those interested in joining us for a fun afternoon should contact the Activities Chair.

One of the two **Hand and Foot Groups** meets the third Thursday of the month (September through June) from 1:00 to (approximately) 3:30 pm. This group takes turns meeting at different members' homes. In addition, a member will assist the hostess by providing (or assisting with) refreshments. Or, the hostess can opt to handle the afternoon snacks herself. They are currently looking for one additional full-time member and two to three more subs. For more information, please contact the Activities Chair.

If any groups are currently looking for new members, or if you would like to start up a new group, please contact the Activities Chair.

PLEASE NOTE: At our monthly luncheons flyers will be available for you to take that describe more fully what the various activity groups do, when they meet and whom to contact for more information.

Caring Friends

Did you know? Caring Friends is a group of 8-10 of our members available to help when a member of Newcomers is in need. We have many members who, at any time, could have a serious fall, be diagnosed with an illness or just be unable to take care of routine tasks. We're here to help with rides to appointments, meals when needed, grocery shopping, dog walking or whatever help you may need. Should you find yourself in a position of needing assistance, please contact our Vice President.

Sunshine

Please contact our Sunshine Chair, if you know of a member who is in need of comfort or condolences.

2019/2020 Newcomers Club Board

The Newcomers Nominating Committee presented nominations in April, and the election of officers for next year was held at the May luncheon.

E-Mail Changes, Membership Questions: If you know someone who would be interested in joining Newcomers, contact Membership chair or direct the person to our website, NewcomersNC.org, where she can find and print a Membership Application.

Dues Renewal Form

In case you didn't receive your Dues Renewal Form in the mail, or spilled coffee all over it, there's another copy at the end of this newsletter. Thank you in advance for getting those checks headed our way.

Luncheon Raffles

The luncheon raffles are an important part of the Newcomers Club budget. The proceeds support all of our activities. Our Ways and Means Committee strives to include fun and appealing prizes to be taken home by four or five lucky winners at each luncheon. This month could include you! Tickets are \$1 each, or \$5 for six tickets, or \$10 for fifteen.

Thank you to two of our members for donating items for the May and June raffles. One item was the Rollins Lake camping package and the other was the beautiful ceramic serving pieces with fish motif. The "money hat" returns in June for the last raffle of the Newcomers year. Thanks to all who support this fundraising activity by buying tickets and donating items. If you are interested in helping with raffles in the future, either by shopping for prizes or selling tickets, please contact the Ways and Means Chair.

Bylaws and Standing Rules Proposed Changes

The Newcomers Board of Directors has discussed and recommends the proposed changes to the Bylaws and Standing Rules.

Proposed Bylaws Amendment (May 2019)

Article VI - Governing Body

Current Language:

The governing body shall be the Board of Directors, which is composed of the Elected Officers and Appointive Standing Committee Chairs. The term of office shall be one year. The President, Vice-president, Board Secretary and Treasurer shall not serve more than two consecutive terms in the same position. Removal of a board member requires a two-thirds vote of the Board of Directors. Each member of the Board shall have one vote.

Recommended Amendment (third sentence only):

The governing body..... The President, Vice President, Board Secretary and Treasurer shall not serve more than two consecutive terms in the same position, **or may continue serving until a replacement is found**. Removal

Rationale:

From time to time it is difficult to find members willing to serve in some of the Elected Officer positions. The Treasurer position is one that is particularly hard to fill. Therefore, if an officer is willing to continue serving until a replacement is found, it helps the club fulfill its responsibility to fill the elected officer positions and remain fully operational.

Standing Rules

Luncheon Meetings

Current language:

There are nine (9) luncheon meetings each year. Luncheons are held on the fourth Wednesday of each month, September through May, except December (that meeting is held on the first Wednesday), unless otherwise notified. Luncheon meetings usually begin at 11:30 am and programs are scheduled from 1-2 pm. There are no luncheons in July, August and November.

Recommended Amendment:

Unless otherwise notified there are nine (9) luncheon meetings each year. Luncheons are held monthly on the fourth Wednesday (September, October, January, February, March, April, May and June). The December luncheon is held on the first Wednesday. Luncheon meetings begin at 11:30 am and **programs are presented as soon as practical after lunch**. There are no luncheons in July, August and November.

Newcomers Club - Revised Annual Membership Renewal Form

Dues are for the period September 1, 2019 - August 31, 2020

As soon as possible, please bring this form with your check to the next luncheon meeting, or mail this form and your **\$25 check** payable to **Newcomers Club** to

Ann Barbaro, 11107 Copper Drive, Grass Valley CA 95945

If you have any questions, please contact Ann at 707-477-5941 or ann.barbaro@att.net.

To be listed in the Roster, we need to receive your check by July 31.

(Upon reaching the age of 90, a Lifetime Membership may be granted to a member in good standing who has had an ongoing membership in the Club for at least five years. Lifetime Membership waives payment of dues.

To apply, contact Ann Barbaro.)

1) Name - Please Print:

(As you would like it to appear on your luncheon name tags and in the Roster)

2) If you'd like to have your birthday (MM/DD) listed in the next Roster, enter it here:

(Your name and birthdate will also appear in the Newsletter near the month of your birthday.)

3) If you have a preferred phone number, list that number in Section 5 and circle it. We'll make that phone number bold in the next Roster.

4) If your current Roster information is correct, check here and go to Section 6.

5) *If you have NEW information for the next Roster, please print the new information below.*

New Street Address: _____

New City: _____ *New Zip Code:* _____

New Home Phone: _____ *New Spouse's Name:* _____

New Cell Phone: _____ *(optional)(circle your preferred phone #)*

New Email Address: _____

(as it will be listed in the Roster)

6) You can deliver my Newsletters by e-mail. Yes No

You have my permission to include my information in our club's Roster and in the Newsletter.

Yes No

We post photos of our activities online, on our webpage, our Facebook page, and the Chamber of Commerce website. If you do not want your picture published publicly, you need to be proactive. If you do not wish to be photographed, it is your responsibility to notify the photographer when photos are being taken. If you do **not** do so, we will assume we have your permission to publish your photo.

Nevada County Newcomers' Club
P.O. Box 1301
Grass Valley, CA 95945

Signature:

Date: