

Nevada County Newcomers Club

January 2019

President's Message

“Gratitude is the soul’s pathway to ease and comfort. When you practice gratitude, suffering can be transformed into heart felt peace. Your mind and brain change when a sad thought is switched to gratitude. The result is a kinder, gentler take on life.”

~ Anonymous

I am truly grateful for the efforts of our many hardworking committee chairs and members who work so hard to produce supercharged, successful meetings. There is a lot of work behind the scenes managing reservations, researching programs and presenters, as well as the monthly menus ably handled by our Luncheon Chairs. Please be sure that, if you have any issues at a meeting, you contact the chairperson who coordinates all of the details. Newcomers thrives on newly made friendships, activities and new experiences. We invite all activity groups from Christmas Families to Walkers to please consider sitting together at the January Luncheon. Our “official photographer” will be taking photos.

Planning for our annual fashion show in April has been underway since September. Note the new theme “Savvy, Sassy & Sophisticated.” We are asking members to consider joining in the fun by being a model. Look for information elsewhere in this newsletter with all the details. We are pleased to announce that “Whim” from Penn Valley will be in the show this year.

I am grateful to report that 136 children from 59 families enjoyed a special Christmas provided by our Christmas Families Project this year under the leadership of our Christmas Families co-chairs and their team. Our deepest thanks go to the 53 shoppers and 40 wrappers who found time to help make this project so successful. We are grateful that our members supported the October Live and Silent auctions that raised \$9,565 and \$1,719 respectively. Our Christmas Basket raised another \$967, plus an additional \$1,133 earmarked for Special Items and the Change Jar brought in \$360.25 for a total of \$13,744.25.

The two young moms who came to our Christmas luncheon and told us about their family's Christmas experience reflected the true essence of this project. They not only thanked us for the gifts for their children, but also attributed their subsequent encouragement and growth directly to Newcomers.

May we find much to be grateful for in this New Year!

January Luncheon Meeting

January 23, 2019, at 11:30 am
Alta Sierra Country Club

Cost: \$23.00 per person

January Program: NASA U-2 Pilot and Beale Air Force Base

Jim Barrilleaux, retired Air Force Lieutenant Colonel, commanded the squadron responsible for training all U-2 pilots located at Beale Air Force Base. Jim will share his experiences as a U-2 pilot as well as stories of “real events” including flights over unusual places such as Antarctica. He will share some of Beale’s activities and his current interface with the Base. Guests are invited to all events, but gentlemen may be especially interested in this one.

January Luncheon Menu

Choice of

One half Chelli's Tuna Salad

One scoop of tuna salad on lettuce with Pico di Gallo and ranch dressing
served with a cup of baked potato soup, bread and butter

or

One Half a Crispy Chicken Wrap

Seasoned chicken, bacon, blended cheese, pesto, lettuce and tomato,
wrapped in a flour tortilla and served with a side of French fries

or

One Half a Traditional Garden Burger

Lettuce, tomatoes, onions, pickles and avocado
served with a side of French fries

All entrées include coffee and tea

New York Cheesecake for dessert

To make reservations for **January 23, 2019**, please make your **\$23.00** check payable to **NEWCOMERS CLUB**. Remember to date the check **2019**. Write **Jan-Tuna, Jan-Chicken or Jan-Veg Burger** on the bottom of your check. Mail your check to the Reservation Chair for January.

Checks must be received by **Monday, January 14**. Cancellations will be accepted before 5:00 pm on **Tuesday, January 15**. After **Tuesday, January 15**, to see if there has been a cancellation or to have your name added to the waiting list, call the Reservation Chair for January.

February Luncheon Meeting

February 27, 2019, at 11:30 am
Alta Sierra Country Club

Cost: \$23.00 per person

February Program: The Challenges of Writing and Interacting in a Polarized and Depersonalized World

Josh Weil, an award-winning author, will speak to us about the challenges of writing in today's world. In his presentation Josh will discuss how online media and social media such as Facebook have changed communication. In this interactive program, Josh will examine how to write and communicate in a world that is increasingly media driven. His non-fiction has appeared in such publications as *The New York Times*, and he has been the recipient of fellowships from the Fulbright Foundation. Books will be for sale.

February Luncheon Menu

Choice of

One Half Bay Shrimp Louie (or Chicken) Salad

Iceberg lettuce, Bay shrimp (or chicken), tomatoes, cucumber, deviled eggs
served with Thousand Island dressing

or

One Half of a Tuna Melt with Bow-Tie Pasta Salad

Tuna, grilled onions, mayonnaise, aged Cheddar cheese
served on sourdough bread with a side of bow-tie pasta salad

or

One Half of a Sautéed Veggie Wrap with Bow-Tie Pasta Salad

Bell peppers, mushrooms, onions, avocado and spinach
served in a flour tortilla wrap

Bay Shrimp Salad (or Chicken) will include a cup of chicken with rice soup,
bread and butter

All entrées include coffee and tea

Cherry Cheesecake for dessert

To make reservations for **February 27, 2019**, please make your **\$23.00** check payable to **NEWCOMERS CLUB**. Remember to date the check **2019**. Write **Feb-Shrimp (or Chicken), Feb-Tuna or Feb-Veg Wrap** on the bottom of your check. Drop your check in the Check Box at the January meeting or mail your \$23.00 check to the Reservation Chair for February.

Checks must be received by **Monday, February 18, 2019**. Cancellations will be accepted before 5:00 pm on **Tuesday, February 19**. After **Tuesday, February 19**, to see if there has been a cancellation or to have your name added to the waiting list, call the Reservation Chair for February.

Christmas Families Project

There will be 136 happy children this year in Nevada County thanks to all of you, our generous members and volunteers. As you know our group supports Helping Hands Nurturing Center, Women of Worth and the Friendship Club with this program. At the time of this writing we are 98 percent done with all shopping, wrapping and delivery. What a year it has been! Beginning with the proceeds of the live and silent auctions totaling \$11,284 we were able to increase the dollar amount of the gift cards that we give to each family from \$15 to \$25. Then the angel factors kicked in – from setting the budget to getting the lists from the agencies, inputting the information, getting that to the shopper coordinators, then on to the shoppers and from there to the wrapping center for wrapping, bagging, tagging and finally delivery to the agencies. And last but certainly not least, the bicycles and scooters were purchased by our Special Needs Committee and assembled by our wonderful group of guys. All of this in a 6-week time span!

Some of our requests this year were interesting to say the least, such as the 11-year-old girl who requested an alto saxophone. We confirmed the need with the agency, and it took off from there. Since it was above our \$80 per child reimbursement for shoppers, this request was turned over to our Special Needs Coordinator who began her hunt for the instrument. When the true cost of the item (\$230 to \$300) was determined, we decided to ask for help from our members at our Christmas luncheon. Once again our expectations were far exceeded, and your generosity amazed us. We were able to purchase the alto saxophone! In addition, there was a 17-year-old girl who wanted tools for a building project she is working on. Another story was about a 16-year-old girl who requested luggage for an upcoming trip with the school choir to Europe. This will be her very first time out of the country. What an opportunity!

We want to express our sincere thanks for the support we have received, this being our first year at the helm. It has been a great learning experience for sure! We are already looking forward to next year. We also want to let you know that we are always looking for more volunteers, especially in regard to our committee members. If you are interested, please contact either of the CFP Chairs, and we will be happy to talk with you.

As we wrap this season, we already have a list of wrapping supplies we will need for next year such as medium to large gift bags, all sizes of gift boxes and tissue paper. Our hope is that if you are out shopping at some of the after-Christmas sales, you will keep these items in mind. You can bring what you have to the January luncheon. Again, thank you VERY much for your continued support of this wonderful program.

2018 Christmas Families Project - Business Donors

The Special Items Team would like to thank the following businesses for their help with the CFP this year:

1. KMart – Barbara Read, Assistant Manager, for bikes, scooters and helmets for 27 kids

2. JC Penney – Selena Aull, Manager, for a 25% discount off clothing and toys
3. Quietech – Melissa Hannebrink, Owner, for offering to help with computer-related issues
4. The Music Store, 4815 Granite Drive, Rocklin, CA 95677 – Brian and Kevin Gillette, Owners, for their discount on the alto sax purchase.

October Live Auction - 2019 Live Auction HELP NEEDED!!

Our Live Auction Committee is already convening and needs your help! We have lost a couple of very active members because life intervened, so we need your presence and/or your ideas. The success of our auction depends on the items we can offer. As many of you also belong to other groups, you may have ideas for auction items we can offer as part of our 2019 Live Auction. If so, please contact the Live Auction Chairs.

Our next committee meeting is Thursday, January 10 at 10:30 am. We welcome new committee members. We have so much fun doing this and would love to include you in our group. You can set aside as much or as little of your time as you want—no obligation. The more committee members we have, the less work for each of us! So if you think you might be interested in participating, just give us a call or email.

Please let us hear from you soon.

More Program Highlights

March 27, 2019 – Tim Duane, Ph.D. at University of California, Santa Cruz, is an environmentalist, teacher and researcher on the oceans and coral. He will discuss the impact of changes affecting our daily lives and the climate.

April 24, 2019 – Always a special event, our annual fashion show's theme this year is "Savvy, Sassy & Sophisticated." See article below.

May 22, 2019 – Sierra Stages will be back again with their popular presentation. Our best local artists will share music from their new 2019 theater offerings as well as other fabulous songs. Sierra Stages 3-show season ticket is now on sale for 2019. The Line-up is "Hand to God," followed by two musicals, "Cabaret" and "You're Gonna Love Tomorrow."

June 26, 2019 – To be announced.

Savvy, Sassy & Sophisticated!

Our 2019 Fashion Show will be April 24, 2019 at Alta Sierra.

CALLING ALL MODELS...

If you would like to be a part of our exciting show, please call or e-mail the Fashion Show Chair NOW.

You must be available for your assigned store fitting the week prior to the show, the rehearsal on the morning of the 23rd at Alta Sierra, and the day of the show. Models will not be seated, but will be hosted a light lunch in the Model Room prior to the show.

Selections of outfits will be made by the store owners, the fashion chair, and YOU, so that each store is represented individually.

When you call or e-mail, please include the following information:

Your name

Height

Size: pant, top, dress

Hair color and style.

Stores participating in our 2019 Fashion Show are the following:

Beautiful, Grass Valley

Mill Street Clothing, Grass Valley

Judi's, Nevada City

Whim, Penn Valley

Marilyn's, Auburn.

As last year was so much fun, we expect a great turnout of models. Please get your requests in ASAP!

Activities

New Activity Groups

Attention writers or would-be writers:

Have you been putting off writing your memoirs, perhaps a story about a special experience, or an article about your favorite topic? Try this writing group to get your creative juices flowing. This group will provide both motivation and the opportunity for sharing work with fellow members. No pressure, just fun and informative – so if writing or more writing is on your Bucket List, the time is now. Day and time will be determined by members. If you're interested, please contact the Activities Chair.

Current Activity Groups

The Garden Club – meets the first Tuesday of the month at 11:00 am. They are looking for a new person or persons to chair their group. Please contact the Activities Chair for further information. There is always room for new members. The meetings are usually held at either private gardens, nurseries or other places where we can have a speaker. There is always someone, either the owner of the garden or a nursery, who will give a talk.

If any groups are currently looking for new members or if you would like to start up a new group, please contact the Activities Chair.

Sunshine

Do you know any members who need a sympathy card or a get-well greeting? Contact our Sunshine Chair and she will put one in the mail.

Membership

E-Mail Changes, Membership Questions: If you know someone who would be interested in joining Newcomers, contact Membership chair or direct the person to our website, NewcomersNC.org, where she can find and print a Membership Application.